First Year Engineering Department

Insightful UHV Session on Human Values in Prarambh 25 at GHRCEMN

An enriching session on Universal Human Values (UHV) was conducted by **Mr. Pratik Dhage** during the induction program for first-year students on 26th august 2025 at Eklaya Hall Block B GHRCEM Nagpur. The session witnessed the active participation of around 107 students, making it highly engaging and impactful. Mr. Dhage was felicitated by **Dr. Aninnya Sarkar.**

He elaborated on the core concepts of UHV, focusing on right understanding, harmony, and self-exploration. He emphasized that right understanding forms the foundation of a balanced and meaningful life, guiding individuals to make responsible and ethical decisions. Through relatable examples, he explained how clarity in thoughts leads to better relationships and overall well-being.

A significant portion of the session was dedicated to the idea of harmony at various levels, including harmony within oneself, with family, society, and nature. Mr. Dhage highlighted the importance of maintaining balance in these relationships to achieve a peaceful and fulfilling life. He encouraged students to reflect on their actions and align them with universal values. The concept of self-exploration was also discussed in depth. Students were motivated to question their beliefs, understand their true needs, and develop inner clarity. The speaker stressed that self-exploration is a continuous process that helps individuals grow both personally and professionally.

The session was interactive, with students showing keen interest and actively engaging in discussions. It provided a fresh perspective beyond academics, encouraging students to focus on values and ethical living. Overall, the UHV session proved to be highly enlightening, leaving a lasting impression on the students and inspiring them to lead a balanced, value-driven life.

Program was organized by **Mrs.Shital Yadav** induction program incharge under the guidance and motivation of **Dr.Manjusha Aware**, Dean First Year and **Dr.Vivek Kapur**, Director GHRCEM, Nagpur.

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